



PI-CoPCE
PACIFIC ISLANDER CENTER OF PRIMARY CARE EXCELLENCE

Preparedness for Diabetes Management During COVID-19 Learning Series

Session 1: The PI COVID-19 Response Plan

June 3, 2020 (US)
June 4, 2020 (USAPI)

Moderator: Jen Lee, Director of Community Services and Partnerships,
AAPCHO

From ABOUT T/TA to All residents and other attendees
Welc
From
I'm e

Thank you for attending the Webinar. Please click Continue to participate in a short survey.

you will be leaving zoom.us to access the external URL below

[https:// www.aapcho.org/postwebinarsurvey](https://www.aapcho.org/postwebinarsurvey)

Are you sure you want to continue?

Continue

Stay on zoom.us

To:
|Your
othe



Chat



Q&A



Chat



Lower Hand



Q&A

Leave Meeting

Zoom Roll Call

Using Zoom “Chat”, please tell us the following:

- Your name
- Your organization and role
- The names of any other colleagues who are attending today

About AAPCHO

AAPCHO is dedicated to promoting **advocacy, collaboration,** and **leadership** that improves the health status and access of Asian Americans (AAs) and Native Hawaiian and Pacific Islanders (NHPIs) within the United States, the U.S. territories, and the Freely Associated States.





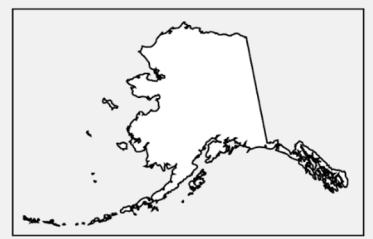
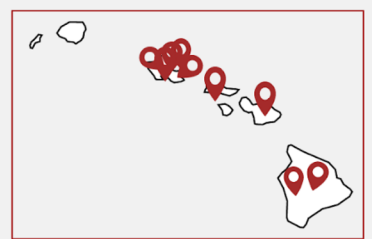
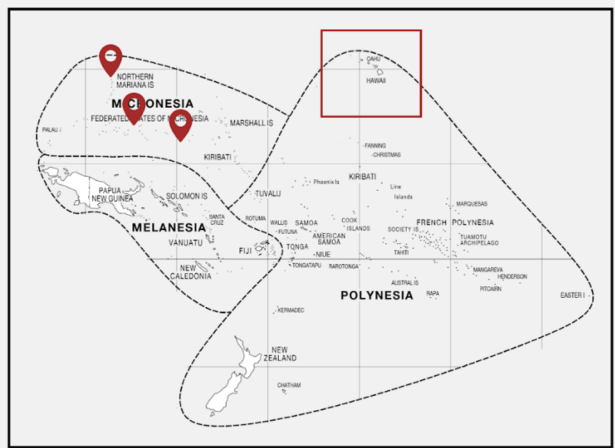
32 member organizations including

27 FQHCs across

13 U.S. states

1 U.S. territory

2 FAS nations



Acknowledgements



PI-CoPCE

PACIFIC ISLANDER CENTER OF PRIMARY CARE EXCELLENCE

Pacific Islander Center of Excellence in Primary Care

OUR MISSION

The Pacific Islander Center of Primary Care Excellence (PI-CoPCE) was established to improve the health of Pacific Islanders (PIs) in the United States and U.S. Pacific through **primary care support, research, workforce development, and community initiatives.**

PI-CoPCE is unique in such a way that the Center focuses on all Pacific Islanders in the United States, Hawaii, and the U.S. Pacific; is focused only on primary care services; and collaborates not only with community health centers (CHCs) but also with community-based organizations (CBOs).



For more information visit: pi-copce.org


Guest Speaker



Nia Aitaoto, PhD

Co-Lead, Pacific Islander National
COVID-19 Response Team

Senior Consultant, PI-CoPCE



Pacific Islander COVID-19 National Strategic Plan

Nia Aitaoto PhD, MPH, MS

JUNE 3, 2020 (US)

JUNE 4, 2020 (US PACIFIC)

Webinar Series Learning Objectives

1. Increase awareness of the National Pacific Islander COVID-19 **Community Mobilization Response Plan**.

Today

2. Provide health centers with key considerations to support medication management during the time of COVID-19 for Pacific Islander patients with diabetes.

Next Week

3. Provide customized community health center response plans for COVID-19 that incorporate the needs of patients with diabetes.

June 17,
2020

Overview

1. Plan Development Background
2. National Community Mobilization Response Plan Strategies & Rationale
3. Strategy Activities

Background

1. Data from 10 regions/states
2. Formed the PI Covid-19 Response Team (April 17, 2020)
3. Press Release & Strategic Plan (April 24, 2020)
4. Weekly National Calls: Data & Strategic Plan Updates

Table 1: State or County COVID-19 Cases		
State or County	PI Case Rate/100K	State Avg, Case/100K
California	217.7	62.43
Oregon	131	46
Utah	132.3	114.3
Salt Lake County, UT	233.2	114.3
King County, WA	189.5	182.1

Source: Pacific Islander COVID-19 Response Team Report and Press Release (April 24, 2020)

National Strategies

1. Slow and Stop Spread
2. Increase Testing and Contact Tracing
3. Provide Isolation and Quarantine Support

National Strategies

1. Slow and Stop the Spread

- a. Promote and support the use of personal protective measures or PPMs (e.g., handwashing, cough etiquette, and face coverings)
- b. Promote and support Social distancing (e.g., maintaining physical distance between persons in community settings and staying at home)
- c. Encourage and support compliance with local/state laws/guidelines regarding large gatherings*
- d. Partner with employers with large numbers of PIs employees to provide safe working environment and support family and community efforts to minimize the spread of COVID-19.
- e. Provide support to PI families to successfully shelter in place

National Strategies

2. Increase Testing and Tracing

- a. Increase diagnostic testing among PIs and in PI Communities
- b. Increase and improve contact tracing for PIs
- c. Increase serological testing among PI and in PI Communities



National Strategies

3. Provide Isolation and Quarantine Support

- a. Provide isolation support to PIs and PI families
- b. Provide quarantine support to PIs and PI families



For people who are sick, isolation:

- Separates people infected with diseases like COVID-19 from those who are not
- Restricts movement of sick people to avoid spread of the illness
- Keeps people out of the public until the risk of transmission to others is low



For people who are not sick, but may have been exposed, quarantine:

- Restricts movement of people to monitor symptoms for early detection
- Prevents the spread of infection or contamination
- Should be communicated with clear guidelines from the authorities

Activities: Slow and Stop the Spread

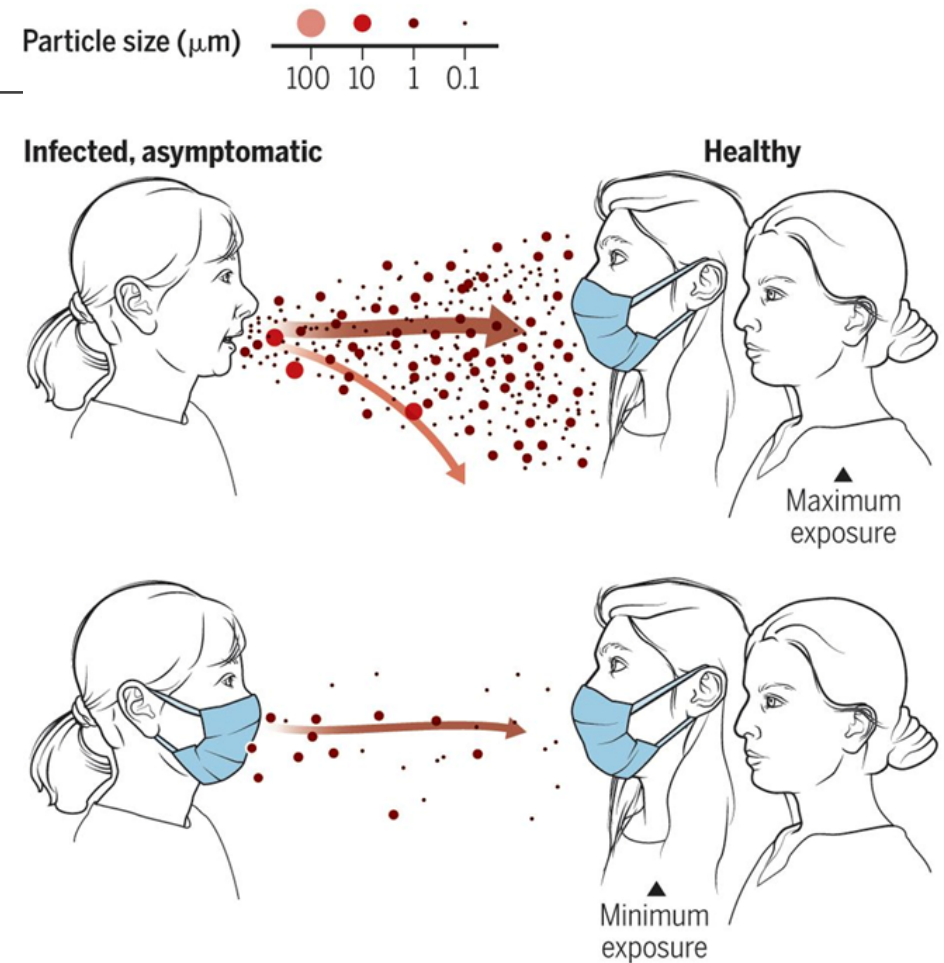
1. Promote and support the use of personal protective measures or PPMs (e.g., handwashing, cough etiquette, and face coverings)
 - ❑ Translate and use materials and information that are culturally and linguistically appropriate/respectful from trusted sources (like CDC, CHCs and WHO)
 - ❑ Use NHPI data from trusted sources (contact your local health department or the PI COVID-19 Response Team's Data Workgroup)
 - ❑ Use trusted messengers (e.g. PI health care providers, faith leaders, etc.)
 - ❑ Partner with churches, cultural clubs, CBOs, coalitions, etc. to promote and support the use of personal protective measures.
 - ❑ Utilize all communication channels (including social media) to promote the use of personal protective measures.
2. Promote and support Social distancing (e.g., maintaining physical distance between persons in community settings and staying at home)

Ex: Mask Use

- Source: Prather, K. A., Wang, C. C., & Schooley, R. T. (2020). Reducing transmission of SARS-CoV-2. *Science*. American Association for the Advancement of Science
- Messengers: Health Care Providers, Faith leaders, Community Leaders, etc.
- Communication Channels: Local Townhall via Zoom, Training Pastors, etc
- Support: FourMaskerteers, YouTube: How to Make/Sew a mask, Mask distribution, etc.

Masks reduce airborne transmission

Infectious aerosol particles can be released during breathing and speaking by asymptomatic infected individuals. No masking maximizes exposure, whereas universal masking results in the least exposure.



GRAPHIC: V. ALTOUNIAN/SCIENCE

Activities: Slow and Stop the Spread

3. Encourage and support compliance with local/state laws/guidelines regarding large gatherings*
 - ❑ Outreach to churches, cultural clubs, CBOs, coalitions, etc.
 - ❑ Identify and provide support to churches, cultural clubs, CBOs, coalitions, etc.
4. Partner with employers with large numbers of PIs employees to provide safe working environment and support family and community efforts to minimize the spread of COVID-19.
 - ❑ Outreach to families and communities to discourage large family gatherings and encourage alternative ways to connect
 - ❑ Partner with PI churches, CBOs, coalitions, etc. to identify PIs sheltering needs.
 - ❑ Partner with employers, social services agencies to identify PIs sheltering resources.
5. Provide support to PI families to successfully shelter in place.

Ex: *We are the Church*

- ❑ Alternatives to gathering @ the church: online, parking lot, at the part (6ft distancing), etc.
- ❑ Support pastors/churches to do services, counseling, meetings, etc. online
 - ✓ Technology Training for Pastors/Leaders and congregants
 - ✓ Equipment and internet/bandwidth support



Activities: Increase Testing and Tracing

1. Increase diagnostic testing among PIs and in PI Communities
 - ❑ Advocate for testing PIs and in PI communities.
 - ❑ Partner with health departments, clinics, hospitals, etc. to provide testing in PI communities
 - ❑ Partner with churches, cultural clubs, CBOs, coalitions, etc. to promote testing.
 - ❑ Advocate for increased tracing for PIs to protect PI communities.
 - ❑ Partner with health departments, clinics, hospitals, etc. to increase/improve tracing
 - ❑ Develop a community tracing program that complies with public health and county/city/state regulations.
2. Increase and improve contact tracing for PIs.

Ex: Contact Tracing

- Train trusted community leaders and partners to do contact tracing
 - John Hopkins University online course
- Link this to Ministry or Department of Health efforts (hiring PI staff)
- National Contact Tracer Initiative using technology
- Link to community resources

Six Steps to Investigate Cases and Trace Their Contacts

Introduce



Introduce yourself to the case and get their basic information

Inquire



Figure out the case's likely infectious period

Identify contacts



Ask the case about contacts during their infectious period

Isolate



Provide isolation instructions to the case, identify challenges, and provide support

Initiate contact tracing



Call case's contacts to inform about their exposure, ask about symptoms, and give quarantine instructions

Implement regular check-ins



Check in with the case and their contacts until their isolation or quarantine ends

Image source: Center for Teaching and Learning, Johns Hopkins Bloomberg School of Public Health.

Activities: Support Isolation and Quarantine

1. Provide isolation support to PIs and PI families
 - ❑ Partner with PI churches, CBOs, coalitions, etc. to identify PIs with isolation/isolation support needs
 - ❑ Partner with churches and CBOs to obtain, organize and disseminate resources
 - ❑ Partner with PI churches, CBOs, coalitions, etc. identify PIs with quarantine/quarantine support needs.
 - ❑ Partner with churches and CBOs to obtain, organize and disseminate resources
2. Provide quarantine support to PIs and PI families

Ex: Isolation and Quarantine Support

- COVID-19 Household Safety Plan (Before, During and After)
- Household Needs Assessment
- Meals/Food Delivery (Churches and NGOs)
- Online access Support
- Financial Support
- Mental Health Support



Ex: Isolation and Quarantine Support

- Health Department I & Q Centers
- Hotel Vouchers
- Church and/or Church Halls as Temporary Shelter
- Meals/Food Delivery (Churches and NGOs)

WHAT SERVICES CAN I EXPECT AS A GUEST AT A KING COUNTY ISOLATION & QUARANTINE CENTER?

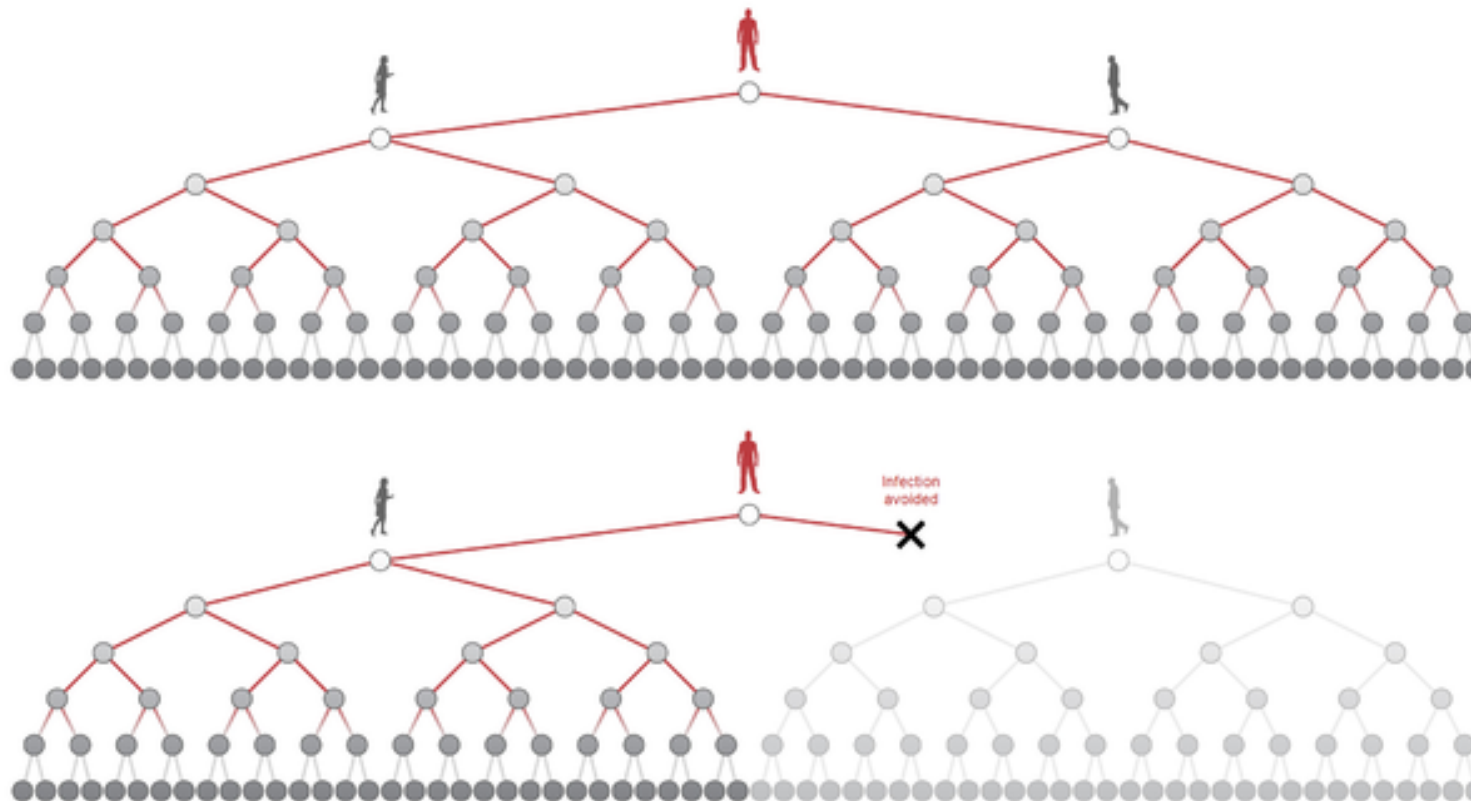
 Meals That Honor Dietary Requirements	 Regular Medical Check-Ins	 Mental Health Support
 A Safe Space with Clean Linens & Laundry Service	 Snacks and Toiletries	 Cable TV or Portable Tablet
 24/7 Phone Assistance & Language Access	 24/7 Security	 Transportation to & from the Location

 **Call to Access Services**
Call the King County COVID-19 Call Center to see if isolation and quarantine services are right for you. Interpretation is available.
Phone #: (206) 477-3977 Hours: 8 AM - 10 PM daily

Learn more: kingcounty.gov/covid

Thank you!

Coronavirus Chain of Transmission
Without and with limiting social contacts



Q&A



Homework:
Developing Your Health Center COVID-19 and
Diabetes Response Plan

NATIONAL PI STRATEGIES	EXAMPLES OF ACTIVITIES	HEALTH CENTER DIABETES MANAGEMENT SUPPORT PLAN
A. SLOW AND STOP THE SPREAD		
1. Promote and support the use of <u>personal protective measures</u> or PPMs (e.g., handwashing, cough etiquette, and face coverings).	<ul style="list-style-type: none"> a. Translate and use materials and information that are culturally and linguistically appropriate/respectful from trusted sources (like CDC, CHCs and WHO) b. Use NHPI data from trusted sources (contact your local health department or the PI COVID-19 Response Team’s Data Workgroup) c. Use trusted messengers (e.g. PI health care providers, faith leaders, etc.) d. Partner with churches, cultural clubs, CBOs, coalitions, etc. to promote and support the use of personal protective measures. e. Utilize all communication channels (including social media) to promote the use of personal protective measures. 	
2. Promote and support <u>Social distancing</u> (e.g., maintaining physical distance between persons in community settings and staying at home).	<ul style="list-style-type: none"> a. Translate and use materials and information that are culturally and linguistically appropriate/respectful materials from trusted sources (like CDC and CHCs) b. Use NHPI data from trusted sources (contact your local health department or the PI COVID-19 Response Team’s Data Workgroup) c. Use trusted messengers (e.g. PI health care providers, faith leaders, etc.) d. Partner with churches, cultural clubs, CBOs, coalitions, etc. to promote and support social distancing. e. Utilize all communication channels (including social media) to promote social distancing 	
3. Encourage and support compliance with local/state laws/guidelines regarding large gatherings*	<ul style="list-style-type: none"> a. Outreach to churches, cultural clubs, CBOs, coalitions, etc. to encourage compliance. b. Identify and provide support to churches, cultural clubs, CBOs, coalitions, etc. c. Outreach to families and communities to discourage large family gatherings and encourage alternative ways to connect. 	
4. Partner with employers with large numbers of PIs employees to provide safe working environment and support family and community efforts to minimize the spread of COVID-19.	<ul style="list-style-type: none"> a. Update list of employers with large numbers of PIs form regional and local teams. b. Outreach to employers and provide PI-specific educational materials and resources. c. Partner with employers to plan and/or implement activities to support a safe working environment. d. Partner with employers to plan and/or implement activities to support family and community efforts to minimize the spread of COVID-19. 	

<p>5. Provide support to PI families to successfully shelter in place.</p>	<p>a. Partner with PI churches, CBOs, coalitions, etc. to identify PIs sheltering needs. b. Partner with employers, social services agencies to identify PIs sheltering resources.</p>	
<p>B. INCREASE TESTING AND TRACING</p>		
<p>1. Increase diagnostic testing among PIs and in PI Communities</p>	<p>a. Advocate for testing PIs and in PI communities. b. Partner with health departments, clinics, hospitals, etc. to provide testing in PI communities c. Partner with churches, cultural clubs, CBOs, coalitions, etc. to promote testing. d. Implement activities to support testing in PI communities.</p>	
<p>2. Increase and improve contact tracing for PIs.</p>	<p>a. Advocate for increased contact tracing for PIs to protect PI communities. b. Partner with health departments, clinics, hospitals, etc. to increase/improve tracing c. Develop a community contact tracing program that complies with public health and county/city/state regulations.</p>	
<p>3. Increase serological testing among PI and in PI Communities.</p>	<p>a. Advocate for testing PIs and in PI communities. b. Partner with health departments, clinics, hospitals, etc. to provide testing in PI communities c. Partner with churches, cultural clubs, CBOs, coalitions, etc. to promote testing. d. Implement activities to support testing in PI communities.</p>	
<p>C. SUPPORT FOR ISOLATION AND QUARANTINE</p>		
<p>1. Provide isolation support to PIs and PI families</p>	<p>a. Partner with PI churches, CBOs, coalitions, etc. identify PIs with isolation/isolation support needs. b. Partner with churches and CBOs to obtain, organize and disseminate resources</p>	
<p>2. Provide quarantine support to PIs and PI families</p>	<p>a. Partner with PI churches, CBOs, coalitions, etc. identify PIs with quarantine/quarantine support needs. b. Partner with churches and CBOs to obtain, organize and disseminate resources</p>	

Session I: Evaluation

Session 2



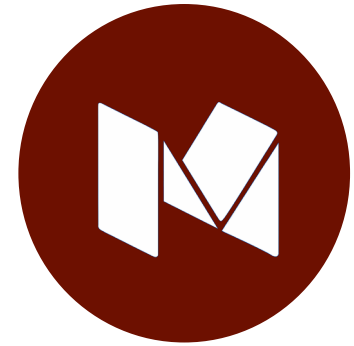
SESSION 2: DIABETES MEDICATION MANAGEMENT AND COVID-19

Guest Speaker: Raynald Samoa, MD

REGISTRATION REQUIRED: https://zoom.us/webinar/register/WN_XcRwaFH1THma2ftVIBuwFQ

Continental U.S. & Hawaii	USAPI
Date: Wednesday, June 10, 2020	Date: Thursday, June 11, 2020
3:00 pm Hawaii Standard Time 6:00 pm Pacific Standard Time 8:00 pm Central Standard Time 9:00 pm Eastern Standard Time	10:00 am Republic of Palau 11:00 am Chuuk, FSM; CNMI, Guam 12:00 pm Kosrae, FSM 1:00 pm Republic of the Marshall Islands

AAPCHO Resources



www.aapcho.org
training@aapcho.org
coronavirus.aapcho.org