



**“Strategies to Increase
Diabetes Screening Among
Asian American Populations”
Session 4
Direct and Indirect Implications of
Screening Protocols**

**March 29th, 2021
9-10:30am HT | 12-1:30pm PT | 3-4:40pm ET**

Moderators



Sakura Miyazaki

Program Manager, Training and Technical Assistance
Association of Asian Pacific
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Jen Lee

Deputy Director
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Albert Ayson, Jr.

Associate Director, Training and Technical Assistance
Association of Asian Pacific
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Overview of Learning Collaborative

- Four 90-minute sessions every Monday
 - Session 1: Overview of Diabetes Prevalence Amongst AA Populations
 - Session 2: Diabetes Screening Guidelines for AA Populations
 - Session 3: Implementing Diabetes Screening Protocols for AA Populations at Health Centers
 - **Session 4: Direct and Indirect Implications of Implementing Screening Protocols**

Today's Learning Objectives

- To learn the potential high-level implications of implementing AA diabetes screening protocols
- To identify the direct and indirect effects of implementing AA diabetes screening protocols

Panelists



Winston Wong, MD, MD, MS, FAFP
CEO and Chair, National Council of Asian Pacific
Islander Physicians and Scholar-in-Residence,
UCLA Kaiser Permanente Center for Health Equity



David Lee Hawks
Consultant, National Council of Asian Pacific
Islander Physicians

Poll

Which of the following best describes your organization type?

- Community Health Center (FQHC, Look-Alike)
- Primary Care Association (PCA)
- National Training & Technical Assistance Partner (NTTAP)
- Health Center Controlled Network (HCCN)
- Government
- Academic Institution
- Social Service or Community-Based Organization (CBO)
- Other

Agenda

- Objectives, introductions, housekeeping (4 minutes)
- Reflections and key takeaways from session 3 (5 minutes)
- Padlet Activity (10 minutes)
- NCAPIP/Screen at 23 introductions (10 minutes)
- Group Discussion (15 minutes)
- Breakout rooms (30 minutes)
- Wrap up (5 minutes)

What were your key takeaways from Session 3?

Key points from Lowell Community Health Center

- Certain EHR barriers are limiting the implementation of diabetes screening
- Culturally tailored messaging, education support tools, and adapted curricula are needed to help support AA populations with prediabetes and diabetes.
- Need for more streamlined seamless workflow referrals for AA patients with prediabetes or diabetes
- Need to address underlying SDOH barriers contributing to diabetes risk or challenging management of diabetes.

Padlet Activity!

- <https://padlet.com/smiyazaki1/kewcqxjh4klvqtop>

NCAPIP and Screen at 23

Points of Emphasis

- *Over half of all Asian Americans with diabetes remain undiagnosed. The number of undiagnosed Asian Americans with prediabetes is even higher. Of these, a significant portion of Asian Americans at risk for diabetes or prediabetes appear to be at a "healthy weight", and aren't being tested.*
- *The American Diabetes Association, National Institutes of Health, and the Centers for Disease Control have all recently acknowledged that Asian Americans should be screened for diabetes at a lower body mass index, and 23 is that number.*
- *23 isn't a redefinition of overweight or obesity, it's an indicator of potential risk, and it's a number to keep in mind to get checked by our doctors and live healthier.*
- *BMI can be calculated [HERE: https://aadi.joslin.org/en/am-i-at-risk/asian-bmi-calculator](https://aadi.joslin.org/en/am-i-at-risk/asian-bmi-calculator) (Courtesy of Joslin Diabetes Center)*
- *We need to push the Screen at 23 campaign (www.screenat23.org) among doctors, patients, and the public at large to help ensure that Asian Americans are Screened at 23. Together we can help uncover hundreds of thousands of patients with diabetes so they can start getting the treatment they need before complications arise, and help thousands more prevent diabetes outright.*

Q&A

Breakout Rooms

Main Room: Non-Health Centers

- **What is your organization doing to promote screening for AA populations?**
- **What are helpful resources for your organization to provide AA populations to increase screening?**

Breakout Room: Health Centers

- **How engaged is your health center with screen at 23?**
- **What are helpful resources for health centers to provide patients to increase screening?**
- **What can health centers do to ensure sustainability of screening protocols?**

Exit Poll

1. Overall, how satisfied are you with this session?
2. How confident are you that you will be able to apply information from this session at your health center/organization?
3. Based on your level of knowledge prior to the session, how would you rate changes to your knowledge as a result of the session?

Learning Collaborative Recap

March 29, 2021

Session 4: Direct and Indirect Implications of Screening Protocols

Learning Objective: Understand the direct and indirect implications of implementing screening protocols for AA populations.

March 22, 2021

Session 3: Implementing Diabetes Screening Protocols for AA Populations

Learning Objective: Identify appropriate screening protocols for AA patients at their health centers.

March 15, 2021

Session 2: Diabetes Screening Guidelines for AA Populations

Learning Objective: Learn the diabetes screening guidelines as it pertains to AA populations.

March 8, 2021

Session 1: An Overview of Diabetes Prevalence Among AA Populations

Learning Objective: Increase knowledge regarding the health challenges and disparities for AA populations with respect to diabetes and prediabetes.

Evaluation Survey

5 questions, and should take no more than 3 minutes!

<https://www.surveymonkey.com/r/J5F9N9G>

Thank you!



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